



Policy & Procedure (P& P)

Policy Title :

EDUCATIONAL MATERIALS FOR BLOOD DONOR

Department	Index No.	Scope
Laboratory & Blood Bank	LAB-081	BLOOD BANK STAFF
Issue Date	Revision NO	Effective Date
02/02/1440	NEW	23/07/1440
Review Due Date	Related Standard NO.	Page Number#
23/07/1442	CBAHI (LB. 33)	2

01. Policy:

01.1. The blood bank delivers predonation and post donation education to prospective donors.

02. Definition :

02.1. N/A

03. Purpose :

03.1. The blood bank offers appropriate information and educational materials to the blood donors

04. Procedure :

04.1. The blood bank staff provides all prospective blood donors with appropriate information and educational materials including:

- 04.1.1. Educational materials regarding the donation process
- 04.1.2. Educational materials regarding the infectious diseases transmitted by blood transfusion
- 04.1.3. Educational materials regarding the donation adverse reactions
- 04.1.4. The importance of providing accurate information
- 04.1.5. The importance of withdrawing themselves from the donation process if they believe that their blood is not suitable for transfusion

04.2. At each encounter, the blood bank staff explains the collection procedure to the donor in terms that the donor understands (Arabic, Urdu or English languages) and documents the donor's consent, which indicates that the donor has considered, read and understood all the educational materials and has had an opportunity to ask questions.

04.3. Potential donors who are unable to read the literature should be informed of its contents by a suitably trained

member of staff.

- 04.4. Leaflets about donation appropriate to the procedure are available at the session and should be studied by prospective donors to assist in the process of obtaining fully informed consent.
- 04.5. The donor should agree not to donate if his or her blood could pose a risk to the blood supply.
- 04.6. All prospective donors must provide an accurate health history.
- 04.7. The blood bank staff will give the donors the opportunity to ask questions and informs them that they have the right to withdraw themselves from the process at any time.

05. Responsibilities :

- 05.1. All Blood Bank Staff of Al-Qunfudah General Hospital.

06. Equipment & Forms

- 06.1. Educational materials for blood donors
- 06.2. Donor questionnaire Form

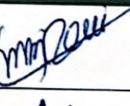
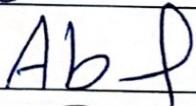
07. Attachment :

- 07.1. N/A

08. Reference

- 08.1. The Technical manual of the American Association of Blood Banks, 18th edition,

Preparation , Reviewing & Approval Box

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لماذا التبرع بالدم؟

تحصيلاً للأجر عملاً بقوله تعالى
((ومن أحياها فكأنما أحيا الناس جميعاً))

في كل سنة يحتاج آلاف بل ملايين المرضى إلى عملية نقل الدم أو أحد مشتقاته.

فوائد التبرع بالدم

- ١) الكشف الطبي قبل عملية التبرع بالدم
- ٢) تنشيط الدورة الدموية
- ٣) الوقاية من خطر الإصابة بأمراض القلب وانسداد الشرايين
- ٤) تجديد كريات الدم الحمراء
- ٥) تقليل خطر الإصابة بالسكتات الدماغية
- ٦) تقليل مخزون الحديد الضار
- ٧) تقليل مخاطر الإصابة بالسرطان
- ٨) التأكد من خلو المتبرع بالدم من الأمراض المعدية
- ٩) يجعل الجسم بصحة جيدة وأكثر فعالية
- ١٠) الشعور بالراحة النفسية

شروط التبرع بالدم

- ١) لابد أن يكون عمر المتبرع من ١٨ إلى ٦٠ سنة
- ٢) وزن المتبرع يجب ألا يقل عن ٥٠ كجم
- ٣) أن تكون نسبة الهيموجلوبين ما بين ١٢.٥ إلى ١٨ مابين
- ٤) الضغط يجب أن يتراوح بين ١٠٠ إلى ١٨٠ والنبض بين ٥٠ إلى ١٠٠ في الدقيقة
- ٥) أن لا يكون المتبرع صائماً أو مرهقاً
- ٦) أن يكون آخر مرة تبرع فيها هي قبل ٨ أو ١٠ أسابيع